

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

1 5000m walk						
1	151	Luc	Legon	SM	Bexley	22:49.22
2	195	George	Wilkinson	U17M	E&H	24:33.59
3	188	Francisco	Ries	M55	TVH	25:00.42
4	191	David	Crane	M40	Surrey Walking Club	26:01.53
5	176	Mark	Easton	M55	Surrey Walking Club	26:10.61
6	197	Penelope	Cummings	W40	AFD	28:27.12
7	193	Stefano	Zennaro	M45	Belgrave	28:41.85
8	196	Mark	Culshaw	M50	Ilford	28:46.28
9	184	John	Hall	M65	Belgrave	29:28.00
10	173	Stuart	Bennett	M55	Ilford	29:47.98
11	183	Helen	Middleton	W55	E&H	29:55.89
12	198	Emma	Dyos	W40	Ilford	30:08.88
13	192	John	Raplh	M60	E&H	31:19.20
14	185	Maureen	Noel	W50	Belgrave	31:35.84
15	179	John	Borgars	M70	Loughton	32:28.61
16	199	David	Kates	M65	Ilford	32:40.77
17	181	Noel	Blatchford	W70	Abingdon AC	32:58.29
18	175	Monica	Harrington	W45	Highgate	33:05.99
19	174	Fiona	Bishop	W55	E&H	33:33.20
20	180	Susan	Barnett	W65	Eastern Masters	33:35.91
21	177	Stephen John	Cartwright	M60	Colchester&Tendring	34:19.92
22	178	Sean	Pender	M65	E&H	34:41.02
23	187	Tom	Casserley	M75	E&H	34:42.25
24	189	Michael	Harran	M80	Surrey Walking Club	34:48.89
25	186	Arthur	Thomson	M80	E&H	35:00.33
26	152	Geraldine	Legon	W55	Bexley	35:37.25
27	172	David	Hoben	M65	Surrey Walking Club	35:52.92
28	194	Tony	Wilkinson	M55	Unattached	37:04.93
2 1000m walk						
1	190	Abigail	Smith	U15G	B&B	05:06.3
2	182	Sebastien	Alexandru	U13B	Havering	07:34.8
1 5000m						
1	128	Iain	Yates	SM	Unattached	17:11.14
1 400m Hurdles						
1	132	Stuart	Leigh	M50	Serpentine	01:16.49
2	141	James	Rossiter	M45	Highgate	01:18.23
1 1500m steeplechase (womens heights)						
1	223	Sid	Diamond	U17M	Heathside	05:09.40
2	217	Emily	Hathaway	U17W	Trent Park	05:34.60
3	224	William	Crawford	U17M	Heathside	05:45.60
4	141	James	Rossiter	M45	Highgate	06:24.60
1 800m race 1						
1	136	Dave	Brown	M40	Nene Valley Harriers	02:08.09
2	218	Neil	Kirkham	SM	VPTH	02:09.65
3	150	Jad	El-Houssami	SM	NEB	02:14.52
4	208	Leo	Roncarati	U15B	SBH	02:16.77
5	223	Sid	Diamond	U17M	Heathside	02:19.73
6	169	Wole	Odele	M50	Cambridge H	02:22.54
7	115	Matthew	Smith	U15B	B&B	02:22.80
8	209	Sydney	Allen	U15G	SBH	02:23.92
2 800m race 2						
1	212	Luca	Matharu	U15B	Metros	02:18.84
2	210	Christopher	Reid	SM	NEB	02:21.64
3	226	Emily	Bonnett	SW	Yeovil Olympiads	02:21.93
4	162	Lily	Woolcock	SW	Heathside	02:29.05
5	163	Jennifer	Wing	SW	Heathside	02:29.74
6	222	Joanne	Miranda	U15G	SBH	02:30.87
7	164	Sonny	Breeze	U15B	S-Factor	02:33.45

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

7		3 800m race 3				
1	236	Isaiah	Ocheja	U13B	SBH	02:27.73
2	110	Noah	Clarke	U13B	Barnet&District	02:30.36
3	165	Sam	Long	U15M	S-Factor	02:36.95
4	170	Emma	McCluskey	U13G	Barnet&District	02:40.71
5	106	Tom	Cadwallader	U11M	SBH	02:43.60
6	130	Nadia	Potter	U17W	SBH	02:53.32
7	143	Anna	Kelly	U13G	TVH	03:03.07
8		2 100m race 1		-2.5 M/S		
1	39	Nathan	Gilbert	SM	WSEH	11.01
2	48	Omololu	Abiodun	SM	WGEL	11.11
3	36	Kesi	Oludoti	SM	Harrow	11.15
4	66	Patrick	Kari-Kari	SM	E&H	11.17
5	38	Luke	Smith	SM	SBH	11.33
6	35	Jacob	Berkeley	SM	SBH	11.41
7	56	Chaka	Maillet	SM	TVH	11.62
8		3 100m race 2		-3.4 M/S		
1	67	Romaine	Harris	SM	E&H	11.43
2	50	Eima	Meade	SM	University of Sheffield	11.46
3	47	Ishmael	Smith-John	SM	Crawley	11.51
4	37	Leroy	Slue	SM	Harrow	11.54
5	57	Tesharn	Smith	U20M	Ipswich	11.72
6	32	Josh	Kumar	U20M	SBH	11.75
7	34	Ebenezer	Jospeh	SM	TVH	11.88
8		4 100m race 3		-2.4 M/S		
1	62	Renard	Frederick	SM	Harrow	11.48
2	59	Justin	Bailey	SM	Dartford	11.64
3	49	Michael	Adebakin	U20M	SBH	11.68
4	58	Nana	Nottinson-Nyaaku	SM	SBH	11.71
5	40	Harry	Kyriacou	SM	SBH	11.82
6	53	Ceake	Maddix	U20M	SBH	11.83
7	54	Toleme	Ezekiel	SM	Achilles	11.88
8		5 100m race 4		-4.1 M/S		
1	61	Edwin	Yamoah	SM	SBH	11.98
2	214	Ru	Joshua	SM	Unattached	12.26
3	33	Jason	Garraway	M35	Reading	12.32
4	215	Julian	Bright-Davis	U20M	TVH	12.40
5	52	Shereen	Charles	SW	SBH	12.85
6	51	Jack	N'Douba	U13B	South London	12.89
7	146	David	Shortridge	M45	VPTH	13.24
8		6 100m race 5		-2.7 M/S		
1	227	Andrew	Li	SM	University of Sheffield	12.70
2	60	Rahul	Saha	SM	Unattached	13.02
3	64	Chiyenne	Adrien	U17W	SBH	13.12
4	137	Sariyah	Shoyelu-Armstrong	U15G	NEB	13.32
5	41	Nick	Lauder	M45	Vets AC	13.50
6	158	Bradley	Ukpetenan	U15B	SBH	13.58
8		7 100m race 6		-1.8 M/S		
1	167	Pat	Logan	M55	Kingston	13.01
2	63	David	Owusu Derby	U15B	Harrow	13.12
3	233	Neil	Middleton	M50	Highgate	13.27
4	231	Machi	Spence-Forde	U15B	TVH	13.60
5	42	Olivia	Mundabi	SW	TVH	13.62
6	65	Naomi	Holder	U15G	Harrow	13.81
7	46	Noelle	O'Regan	SW	Heathside	13.89
8	76	George	Choat	SM	NEB	14.10

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

8		8 100m race 7		-3.0 M/S		
1	207	Alannah	Fashanu	U17W	Unattached	12.96
2	55	Aleah	Givans-Flynn	U20W	Luton	13.78
3	161	Ebuka	Nwokeji	U13B	SBH	13.94
4	225	Jayden	Klein	U13B	Unattached	13.97
5	230	Nia	Forbes-Agyepong	U13G	SBH	14.56
6	235	Basim	Mir	U13B	SBH	14.57
7	45	Emma	Hilton	SW	Harrow	14.58
8	205	Sienna	Farmer-Moruthoane	U17W	Unattached	14.69
8		9 100m race 8		-3.6 M/S		
1	234	Adrian	Day	M50	E&H	14.74
2	133	Kacey	Walters	U15G	Cambridge Harriers	14.85
3	131	Andrew	Hunte	U15B	Harrow	15.04
4	138	Lewis	Sorhaindo	U11B	Unattached	15.14
5	75	Teva	Green	U15G	SBH	15.44
6	182	Sebastien	Alexandru	U13B	Havering	15.56
7	139	Alana	Thomas	U11G	Harrow	16.19
8		10 100m race 9		-2.9 M/S		
1	238	Paul	Willcox	M65	Achilles	15.27
2	157	Nina	Doneva	W35	Unattached	15.44
3	203	Jessica	Quartey-Papafio	U13G	SBH	15.49
4	134	Roasalind	Zeffert	W55	SBH	16.04
5	206	Sanchia	Farmer-Moruthoane	U15G	Unattached	16.10
6	204	Nicole	Fontaine	U15G	Unattached	17.32
7	140	Michelle	De Mora	SW	D&T	17.79
9		1 400m race 1				
1	44	Columba	Blango	SM	VPTH	49.48
2	77	Kalil	Bruney	SM	E&H	49.81
3	81	Jerome	Lule	SM	SBH	50.34
4	70	Luigi	Palmieri	U20M	Ipswich	51.00
5	120	Austin	Puleo	SM	Achilles	52.62
9		2 400m race 2				
1	243	Adrian	Richards	SM	WGEL	51.07
2	145	Scott	Stoll	SM	TVH	51.93
3	72	Alex	Babb	SM	VPTH	52.64
4	80	Zakria	Rashid	U17M	SBH	53.77
5	159	Ella	Conlon	U17W	Heathside	01:03.72
6	158	Bradley	Ukpetenan	U15B	SBH	01:05.55
9		3 400m race 3				
1	210	Christopher	Reid	SM	NEB	01:04.18
2	160	Naomi	Conlon	U20W	Heathside	01:04.56
3	163	Jennifer	Wing	SW	Heathside	01:05.93
4	162	Lily	Woolcock	SW	Heathside	01:07.39
5	247	Helena	Aghdor	U17W	SBH	01:07.89
6	246	Jennifer	Holmes	SW	Highgate	01:09.06
7	229	Sara	Rourke	U17W	SBH	01:24.19
10		1 75m hurdles		-6.2 M/S		
1	202	Jemima	Hay	U15G	Wycombe Phoenix	12.95
2	166	Josie	Booker	U15G	ESM	16.45
		70m hurdles		-6.2 M/S		
1	135	Kayla	Saunders	U13G	Harrow	17.21
2	201	Antonia	Hay	U13G	Wycombe Phoenix	17.56
10		2 80m hurdles		-5.1 M/S		
1	149	Mia	Chantree	U17W	Chelmsford	12.23
2	148	Jessica	Hopkins	U17W	Chelmsford	12.69
3	43	Lucy	Woodward	U17W	SBH	13.41
4	129	Cristina	Potter	U17W	SBH	13.42

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

12		1 200m race 1		-4.1 M/S		
1	89	Gil	Manuel	SM	Portugal	22.58
2	38	Luke	Smith	SM	SBH	22.62
3	69	Decurie	Davies	U17M	VPTH	23.24
4	35	Jacob	Berkeley	SM	SBH	23.63
5	40	Harry	Kyriacou	SM	SBH	24.13
12		2 200m race 2		-2.3 M/S		
1	59	Justin	Bailey	SM	Dartford	23.98
2	78	Daesuan	Madaza	U20	S-Factor	24.06
3	90	Rowan	Board	SM	ESM	24.27
4	83	Tyriq	Lafeuille	U20M	SBH	24.32
5	74	Emmanuel	Ouolabi	SM	Bedford&County	24.69
6	68	Matthew	Love	SM	VPTH	24.82
7	58	Nana	Nottinson-Nyaku	SM	SBH	24.84
8	120	Austin	Puleo	SM	Achilles	25.04
12		3 200m race 3		-1.8 M/S		
1	53	Ceake	Maddix	U20M	SBH	23.91
2	61	Edwin	Yamoah	SM	SBH	24.70
3	214	Ru	Joshua	SM	Unattached	24.83
4	242	Samuel	Oshodi	U15M	WGEL	26.06
5	87	Alice	Kaye	SW	Achilles	26.68
6	137	Sariyah	Shoyelu-Armstrong	U15G	NEB	29.04
12		4 200m race 4		-2.7 M/S		
1	212	Luca	Matharu	U15B	Metros	27.28
2	41	Nick	Lauder	M45	Vets AC	27.74
3	231	Machi	Spence-Forde	U15B	TVH	27.91
4	73	Charise	Myrie	U17W	Luton	28.29
5	124	Martin	Proctor	M50	HAWCS	28.38
6	76	George	Choat	SM	NEB	28.50
7	85	Naomi	Gbadebo	U13G	South London	29.31
12		5 200m race 5		-1.5 M/S		
1	86	Renee	Regis	U13G	E&H	26.45
2	84	Nia	Amaning	U15G	NEB	28.40
3	55	Aleah	Givans-Flynn	U20W	Luton	29.19
4	161	Ebuka	Nwokeji	U13B	SBH	29.26
5	119	Alexandra	Burchill	SW	Achilles	29.36
6	235	Basim	Mir	U13B	SBH	29.62
7	45	Emma	Hilton	SW	Harrow	31.36
8	75	Teva	Green	U15G	SBH	31.84
12		6 200m race 6		-1.4 M/S		
1	234	Adrian	Day	M50	E&H	29.17
2	182	Sebastien	Alexandru	U13B	Havering	30.82
3	205	Sienna	Farmer-Moruthoane	U17W	Unattached	30.83
4	232	Victoria	Godfrey	U17W	SBH	31.60
5	238	Paul	Willcox	M65	Achilles	32.05
6	211	Olivia	Matharu	U13G	Metros	32.20
7	206	Sanchia	Farmer-Moruthoane	U15G	Unattached	33.50
13		1 110m Hurdles		-3.0 M/S		
1	92	Ethelbert	Metzger	SM	Kent	19.58
2	94	Jordan	May	SM	E&H	20.41
3	142	Bilen	Ahmet	SM	Achilles	20.42
4	168	Luke	Williams	SM	Ashford	21.18
1	95	Michael	Louise	M35	WSEH	15.39
2	132	Stuart	Leigh	M50	Serpentine	21.93

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

14		1 1500m					
1	93	Yonis	Mohamed	SM	NEB		04:25.18
2	96	Christopher	Hudson	U15B	Harrow		04:36.35
3	91	Alan	Taylor	U20M	S-Factor		04:49.17
4	97	Lucy	Marlow	SW	Achilles		05:12.05
5	211	Olivia	Matharu	U13G	Metros		05:55.66
6	138	Lewis	Sorhaindo	U11B	Unattached		05:57.93
7	135	Kayla	Saunders	U13G	Harrow		05:59.38
		Long jump	Pool 1				
1	107	Cezary	Lesniak	SM	SBH		6.35 2.8
2	114	Scott	Garraway	SM	Reading		6.32 1.6
3	118	Robert	Thomas	U17M	SBH		5.96 3.2
4	111	Peter	Akin	SM	NEB		5.72 -4.7
5	122	Marvin	Sinclair	SM	NEB		5.67 1.6
6	34	Ebenezer	Jospeh	SM	TVH		5.41 2.0
7	117	Alfredo	Melao	M60	SBH		5.19 5.0
1	105	Nicole	Parcell	U20W	E&H		5.49 1.3
2	123	Adahna	Ekoku	U20W	Epsom&Ewell		5.19 -0.7
		Long jump	Pool 2				
1	155	Cameron	Touron	SM	Kings College London		4.94 0.2
2	124	Martin	Proctor	M50	HAWCS		4.68 1.0
3	219	Robert	Delaney	U15B	Barnet&District		4.52 3.1
4	372	William	Rugg	M50	E&H		4.20 4.2
5	138	Lewis	Sorhaindo	U11B	Unattached		3.91 1.5
1	125	Abbie	Hawkins	U20W	C&C		5.25 1.4
2	148	Jessica	Hopkins	U17W	Chelmsford		5.21 0.6
3	149	Mia	Chantree	U17W	Chelmsford		5.06 2.0
4	129	Cristina	Potter	U17W	SBH		5.06 1.0
5	202	Jemima	Hay	U15G	Wycombe Phoenix		4.98 1.1
6	43	Lucy	Woodward	U17W	SBH		4.95 1.6
7	156	Tianna	Campbell	U15G	Harrow		4.90 4.4
8	154	Kerstin	Pohlmann	SW	Kings College London		4.44 0.5
9	157	Nina	Doneva	W35	Unattached		4.33 1.2
10	126	Alex	Young	U17W	C&C		4.21 1.1
11	166	Josie	Booker	U15G	ESM		3.76 2.0
12	134	Roasalind	Zeffert	W55	SBH		3.68 0.5
13	135	Kayla	Saunders	U13G	Harrow		3.55 5.5
14	201	Antonia	Hay	U13G	Wycombe Phoenix		3.47 5.0
15	139	Alana	Thomas	U11G	Harrow		3.19 0.6
		Pole vault					
1	378	Jonathan	Rugg	U17M	E&H		3.70
2	142	Bilen	Ahmet	SM	Achilles		3.70
2	376	Leo	Chaschin	U20M	E&H		3.70
4	168	Luke	Williams	SM	Ashford		3.40
5	318	Feran	Kolaru	U15B	E&H		2.20
1	302	Gokle	Baydar	W35	Heathside		2.70
2	379	Jennifer	Sheasby	SW	Achilles		2.60
3	113	Olivia	Simon	U15G	Colchester Harriers		2.60
		High jump					
1	349	Kurma	Kumar Pathak	SM	Kings College London		1.75
1	245	Ben	Bellisario	U17M	SBH		1.75
3	242	Samuel	Oshodi	U15M	WGEL		1.60
4	155	Cameron	Touron	SM	Kings College London		1.60
5	225	Jayden	Klein	U13B	Unattached		1.35
1	154	Kerstin	Pohlmann	SW	Kings College London		1.50
2	393	Rebecca	Wheeler-Henry	U15G	SBH		1.50
3	166	Josie	Booker	U15G	ESM		1.20

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - SATURDAY 28 JULY 2018

Triple jump							
1	248	Benjamin	Boardman	U20M	Epsom&Ewell	12.31	3.7
2	114	Scott	Garraway	SM	Reading	11.86	0.9
3	142	Bilen	Ahmet	SM	Achilles	11.01	0.5
4	117	Alfredo	Melao	M60	SBH	10.70	1.8
5	132	Stuart	Leigh	M50	Serpentine	9.47	1.1
1	154	Kerstin	Pohlmann	SW	Kings College London	9.83	2.3
2	133	Kacey	Walters	U15G	Cambridge Harriers	9.48	-1.2
Hammer							
1	171	Nathan	Lichfield	U15B	Bedford&County	41.30	
1	108	Helen	Broadbridge	SW	Achilles	52.64	
2	109	Emmaline	Okafor	SW	Achilles	40.03	
3	112	Louisa	Pitsials	U20W	SBH	36.67	
1	101	Lizzie	Finch	U17W	Chelmsford	40.68	
2	104	Beth	Matthews	U15G	Andover	38.19	
3	113	Olivia	Simon	U15G	Colchester Harriers	36.83	
4	103	Harriet	Mollison	U15G	SBH	25.20	
5	116	Mohammed-Mariche	Aisha	U15G	Highgate	23.09	
Discus							
1	102	Stuart	Thurgood	M40	HHH	32.97	
1	220	Evan	Campbell	U20M	SBH	39.43	
2	221	Cameron	Campbell	U20M	SBH	38.24	
1	127	Abi	Ekoku	M50	Belgrave	50.71	
2	153	Peter	Wishart	M55	Cambridge Harriers	32.45	
3	132	Stuart	Leigh	M50	Serpentine	19.52	
1	237	Robert	Maggio	M70	Eton Manor	10.35	1kg
1	228	Sophie	Mace	SW	TVH	44.79	
2	108	Helen	Broadbridge	SW	Achilles	43.69	
3	213	Jessica	Emery	U20W	SBH	39.86	
4	147	Ella	Chantree	U15G	Chelmsford	23.64	
5	239	Makayla	Jospeh	U15G	Harrow	15.41	
Javelin							
1	142	Bilen	Ahmet	SM	Achilles	31.10	
1	237	Robert	Maggio	M70	Eton Manor	8.46	500g
1	249	Tom	Rutter	U13M	Hawcs	29.81	
1	144	Maisie	Taylor	U15G	SBH	26.18	
Shot Put							
1	241	Anthony	Oshodi	SM	WGEL	14.48	
2	88	Izaiah	Turner	SM	Heathside	11.88	
3	102	Stuart	Thurgood	M40	HHH	11.47	
4	142	Bilen	Ahmet	SM	Achilles	9.62	
1	127	Abi	Ekoku	M50	Belgrave	14.76	
2	220	Evan	Campbell	U20M	SBH	12.63	
3	221	Cameron	Campbell	U20M	SBH	11.55	
4	153	Peter	Wishart	M55	Cambridge Harriers	9.20	
1	244	Ivan	Ivanovic	M75	Achilles	9.47	
2	219	Robert	Delaney	U15B	Barnet&District	9.20	
1	108	Helen	Broadbridge	SW	Achilles	10.33	
1	239	Makayla	Jospeh	U15G	Harrow	10.63	
2	133	Kacey	Walters	U15G	Cambridge Harriers	8.92	
3	166	Josie	Booker	U15G	ESM	6.31	