

**LONDON INTER CLUB CHALLENGE & LONDON COLLEGES ATHLETICS SERIES**

**LEE VALLEY - SATURDAY 20 APRIL 2019**

1 LUCA		<b>1 400m Hurdles Men race 1</b>				
1	370	Hamish Mundell	Sen	M	LSE	62.90
2	330	Luke Gunter	Sen	M	RVC	65.97
3	379	Christian Pugsley	Sen	M	UCL	77.90
4	331	Tomer Tsur	Sen	M	RVC	79.11
1 LICC		<b>2 400m Hurdles Men race 2</b>				
1	101	George Vaughan	U23	M	WGEL	54.57
2	108	Sam Shore	Sen	M	Belgrave	55.31
3	109	Ronan Llyr	Sen	M	Achilles	58.00
4	114	Thomas Powell	Sen	M	Bedford County	60.39
5	119	Luke Keteleers	Sen	M	Chelmsford AC	60.68
1		<b>3 400m Hurdles Mixed</b>				
1	113	Peter Benedickter	V50	M	Bedford County	61.67
2	117	Mia Chantree	U20	W	Chelmsford AC	67.48
3	418	Isobel Mills	Sen	W	Orion	70.05
4	376	Nicole Edmunds	Sen	W	UCL	75.30
3		<b>1 5000m</b>				
1	310	Reuben Hoyte	Sen	M	RHUL	16:04.59
2	382	Rob Eveson	Sen	M	UCL	16:11.82
3	364	Amrik Gill	Sen	M	LSE	16:16.93
4	417	Laurence Heyes	Sen	M	SOAS	16:32.02
5	396	Oscar Bell	Sen	M	UCL	16:38.24
6	366	Karina Thornton	Sen	W	LSE	20:00.11
7	386	Georgia Kirby	Sen	W	UCL	20:15.62
8	372	Matt Dawe	Sen	M	UCL	20:34.59
9	410	Emily Baker	Sen	W	KCL	22:22.74

4		<b>1 5000m walk</b>				
1	250	David Annetts	M50	M	North Herts	23:24.67
2	246	George Wilkinson	U20	M	EHAC	24:47.47
3	256	Madeline Shott	Sen	W	Belgrave	25:06.04
4	243	Francisco Reis	V55	M	Surrey Walking Club	26:14.28
5	245	Malcolm Martin	V60	W	Surrey Walking Club	28:44.40
6	267	Jaqueline Benson	U20	W	Ashford AC	28:56.20
7	248	Christopher Hobbs	V60	M	Ashford AC	29:04.87
8	258	Steve Allen	V60	M	Barnet and District	29:36.28
9	263	Stuart Bennett	V60	M	Ilford	30:03.61
10	272	Steven Uttley	V60	M	Ilford	30:37.15
11	269	Helen Middleton	Sen	W	Enfield & Haringey	31:02.35
12	262	Simon Morgan	Sen	M	Ilford	31:32.93
13	264	John Ralph	V60	M	Enfield & Haringey	32:03.82
14	260	Maureen Noel	V55	W	Belgrave	32:26.70
15	244	Lesley Hall	V60	W	Ashford AC	33:00.22
16	253	Susan Barnett	V65	W	Enfield	33:38.27
17	271	David Kates	V70	M	Ilford	34:03.19
18	247	Rachel Lawless	V55	W	Ilford	34:20.68
19	257	Tom Casserley	V80	M	Enfield & Haringey	34:21.04
20	265	Catalinai Chiru	Sen	W	Unattached	34:28.05
21	259	Stephen Cartwright	V60	M	Colchester and Tendering AC	34:59.50
22	270	Arthur Thomson	V55	M	Enfield & Haringey	36:06.02
23	268	Gary Smith	V70	M	Enfield & Haringey	36:34.56
24	266	Malcolm Blackwood	Sen	M	Trent Park Running Club	36:34.79
25	254	Noel Blatchford	V70	W	Abingdon Athletics Club	36:44.27
26	249	Angela Martin	V50	W	Surrey Walking Club	37:32.72

5 LUCA		<b>1 110m Hurdles race 1</b>		0.0 M/S		
1	312	Daniel Ryan	Sen	M	Brunel	14.86
2	318	Harry Hillman	Sen	M	Brunel	15.33
3	302	TiJesu Akeredolu	Sen	M	Kingston	15.81
4	370	Hamish Mundell	Sen	M	LSE	26.44
5 LICC		<b>2 110m Hurdles race 2</b>		2.8 M/S		
1	31	Edson Gomes	Sen	M	SBH	14.17
2	30	Bradley Reed	Sen	M	Chelmsford AC	14.92
3	112	Harry Salt	Sen	M	Achilles	16.00
4	149	Jack Wickham	Sen	M	Cambridge Uni	16.23
5	169	Michael Louise	Sen	M	WSEH	16.38
6	119	Luke Keteleers	Sen	M	Chelmsford AC	17.48
6 LUCA		<b>1 100m Hurdles SW</b>		1.7 M/S		
1	305	Anastasia Davies	Sen	W	Kingston U	13.71
2	332	Simone Baxter	Sen	W	SMU	17.13
3	358	Bethany Nasrallah	Sen	W	Reading U	17.67
4	387	Juliette Champaud	Sen	W	UCL	18.36
6 LICC		<b>2 100m Hurdles SW</b>		0.4 M/S		
1	29	Jess Hopkins	U20	W	Chelmsford AC	14.75
2	189	Jessica Whiley	U20	W	Chelmsford AC	16.65
3	161	Lea Wenger	Sen	W	Achilles	17.69
6		<b>3 100m Hurdles U17M</b>		0.4 M/S		
1	28	Oliver Early	U17	M	Chelmsford AC	14.05
2	163	Greg Zoppo	U17	M	TVH	14.10
3	194	Sebastian Cerbo	U17	M	SBH	16.60
6		<b>4 80m Hurdles U17W</b>		0.0 M/S		
1	34	Marli Jessop	U17	W	SBH	11.77
2	124	Jemima Hay	U17	W	Wycombe Phoenix Harriers	13.12
6		<b>5 75m Hurdles U15W</b>		0.0 M/S		
3	166	Alina Cofie	U15	W	SBH	12.39
4	142	Maisie Fulker	U15	W	Chelmsford AC	12.83

7 LUCA		<b>1 800m race 1</b>				
1	349	James Millett	Sen	M	Imperial	01:59.05
2	392	Hugo Fleming	Sen	M	UCL	02:02.24
3	390	Harry Simpson	Sen	M	UCL	02:06.77
4	364	Amrik Gill	Sen	M	LSE	02:16.40
5	408	Daniel Tang	Sen	M	KCL	02:34.90
6	331	Tomer Tsur	Sen	M	RVC	02:39.12
7		<b>2 800m race 2</b>				
1	376	Nicole Edmunds	Sen	W	UCL	02:27.9
2	333	Becky Owen	Sen	W	SMU	02:39.7
3	357	Emma Meecham Jones	Sen	W	Reading U	02:43.8
4	387	Juliette Champaud	Sen	W	UCL	02:54.4
5	355	Maryna Voloshyna	Sen	W	Imperial	02:57.1
7 LICC		<b>3 800m race 3</b>				
			Mixed			
1	41	George Groom	U23	M	SBH	01:55.95
2	175	Jaiden Gatson	U17	M	VPTH	01:57.03
3	32	William Brown	U20	M	Jersey Spartans	01:57.11
4	146	Mitto Mohammadian	U20	M	SBH	02:03.52
5	167	Jonathan Boardman	U17	M	SBH	02:07.01
6	173	Otto Bolton	Sen	M	Newham and Essex Beagles	02:07.76
7	156	Mary Abichi	Sen	W	Enfield & Haringey	02:13.27
8	196	Ashwin Rowkes-Gajan	U17	M	SBH	02:15.91
9	168	Raymond Edwin	U15	M	London Heathside	02:19.44
7		<b>4 800m race 4</b>				
			Mixed			
1	210	Ben Kelly	U20	M	SBH	02:18.12
2	136	Hannah Ridley	Sen	W	SBH	02:22.75
3	178	Thomas Cadwallader	U13	M	SBH	02:22.79
4	158	Tilly Beddow	U15	W	Guernsey AC	02:23.32
5	159	Tony Killilea	V55	M	London Heathside	02:23.33
6	200	Madeleine Casey	U17	W	TVH	02:23.39
7	160	Holly Watson	U15	W	Chelmsford AC	02:25.35
8	171	Natasha Tanner	U17	W	SBH	02:27.81
9	185	Noah Clarke	U15	M	Barnet and District	02:30.71
10	162	Jennifer Wing	Sen	M	London Heathside	02:31.62
11	213	Jessica Yefet	U17	W	SBH	02:33.47
7		<b>5 800m race 5</b>				
			Mixed			
1	212	Julia Boret	U17	M	Barnet and District	02:25.62
2	191	Abullah Hannan	U20	M	Unattached	02:27.98
3	179	Helen Page	Sen	M	Herne Hill	02:32.31
4	154	Peter Crockford	V60	M	London Heathside	02:33.90
5	177	Alex Matzer	V45	M	Serpentine	02:36.88
6	219	Katie Lloyd	U17	W	SBH	02:38.11
7	192	Charlotte Gadeke	U15	W	Enfield & Haringey	02:39.39
8	197	Rebecca Jefferey	U15	W	SBH	02:39.94
9	188	Mya Maris-Ingram	U13	W	SBH	02:43.36
10	193	Abi Jeffery	u13	W	SBH	02:44.31
11	190	Sasha Whiley	U17	W	Chelmsford AC	02:50.16
12	215	Rachel Dresin	U13	W	Barnet and District	02:59.75
13	216	Miranda Dreisin	U15	W	Barnet and District	03:17.23
14	206	Isabella Steel	U17	W	Trent Park Running Club	03:42.08

8		<b>1 100m LUCA race 1</b>		0.1 M/S		
1	311	Dan Trueman	Sen	M	Brunel	11.13
2	314	Daniel Offiah	Sen	M	Brunel	11.26
3	405	Pierre Walker	Sen	M	KCL	11.36
4	316	Jamie Holme	Sen	M	Brunel	11.62
5	339	Emmanuel Owolabi	Sen	M	SMU	11.64
6	338	Will Amobi	Sen	M	SMU	11.89
8		<b>2 100m LUCA race 2</b>		1.4 M/S		
1	400	Kareem Selman-Jackson	Sen	M	KCL	11.45
2	409	Nicholas Constantinou	Sen	M	KCL	11.57
3	303	AJ Lee	Sen	M	Kingston U	11.64
4	398	Daniel Woodburn	Sen	M	Motspur	11.75
5	315	Emmanuel Alagbala	Sen	M	Brunel	11.78
6	347	William Fisher	Sen	M	Imperial	12.02
7	404	Ravi Kishore Kanna	Sen	M	KCL	12.14
8		<b>3 100m LUCA race 3</b>		1.9 M/S		
1	403	Oskar Persson	Sen	M	KCL	11.54
2	383	Hongyi Yang	Sen	M	UCL	11.62
3	407	Camille Aragon	Sen	M	KCL	11.68
4	380	Saleh Soomro	Sen	M	UCL	11.85
5	369	Harry Ashcroft	Sen	M	LSE	11.88
8		<b>4 100m LUCA race 4</b>		-0.9 M/S		
1	419	Moses Aregbesola	Sen	M	Brunel	11.74
2	393	Nicholas Hinchley	Sen	M	UCL	12.86
3	345	Jack Mitchell	Sen	M	Imperial	12.9
4	329	Daniel Cork	Sen	M	RVC	13.23
5	307	Adam Owen	Sen	M	RHUL	15.58
8		<b>5 100m LUCA race 5</b>		-1.5 M/S		
1	325	Darcey Kuypers	Sen	W	Brunel	12.28
2	346	Sarah Abrams	Sen	W	Imperial	12.55
3	319	Remi Jessop	U20	W	Brunel	13.02
4	324	Laura Aregbe	Sen	W	Brunel	13.03
5	341	Eloise Lewis	U20	W	SMU	13.16
6	399	Amy Mat	Sen	W	KCL	13.55
8		<b>6 100m LUCA race 6</b>		-0.1 M/S		
1	415	Marie Tarawallie	Sen	W	KCL	13.57
2	416	Sarah Buckley	Sen	W	London City AC	13.68
3	411	Anouchka Gallant	Sen	W	KCL	14.45
4	384	Jasmine Balloch	Sen	W	UCL	14.65
5	412	Lena Schwierz	Sen	W	KCL	14.75

9		<b>1 100m LICC SW</b>		1.0 M/S		
1	47	Nia Wedderburn-Goodison	U15	W	Harrow	11.96
2	281	Eavion Richardson	Sen	W	SBH	12.45
3	273	Mya Green	U17	W	Harrow	12.53
4	51	Lauren Russell	Sen	W	Bedford County	12.62
5	153	Tyanna Dale	U20	W	Unattached	12.80
6	107	Katie Hannawin	Sen	W	Achilles	12.86
7	289	Bethany Shaw	U20	W	St Albans	13.04
9		<b>2 100m LICC SW</b>		2.0 M/S		
1	44	Hannah Foster	U20	W	SBH	12.29
2	236	Chinwe Iwunze	U20	W	SBH	12.44
3	241	Rayne Tapper	U15	W	Harrow	12.54
4	201	Shona Vincent	U15	W	WGEL	12.62
5	291	Esther Fuja	Sen	W	Herne Hill	12.64
6	144	Chiyenne Adnen	U17	W	SBH	12.78
7	280	Milan Jervier	U17	W	Harrow	12.80
10		<b>1 100m LICC race 1</b>		-1.5 M/S		
1	2	Nicholas Atwell	Sen	M	TVH	11.09
2	1	Kaesi Opara	Sen	M	Achilles	11.17
3	52	Tariq Wild	U17	M	SBH	11.20
4	54	Akwasi Banahen	U17	M	Unattached	11.27
5	37	Nicholas Shaw	U17	M	SBH	11.46
6	3	Peter Phillips	Sen	M	Highgate	11.63
7	38	Ridwan Islam	Sen	M	Newham and Essex Beagles	12.33
10		<b>2 100m LICC race 2</b>		0.0 M/S		
1	31	Edson Gomes	Sen	M	SBH	11.05
2	49	Dean Towsend	Sen	M	Enfield & Haringey	11.18
3	53	Micah Agyepong	U20	M	SBH	11.27
4	208	Aydan Tyrrell	U15	M	Harrow	11.41
5	110	Daniel Gregory	Sen	M	Achilles	11.45
6	147	Winfred Hakeem	U20	M	WGEL	11.53
7	36	Jack Kirby	Sen	M	Harrow	11.56
8	169	Michael Louise	Sen	M	WSEH	11.58
10		<b>3 100m LICC race 3</b>		-0.2 M/S		
1	278	Reece Earle	U15	M	TVH	11.17
2	39	Ceake Maddix	U20	M	SBH	11.38
3	27	Darcy Sullivan	U17	M	Chelmsford AC	11.38
4	199	Medwin Odamtten	U17	M	WGEL	11.46
5	55	Merveilles Masseur	U17	M	WGEL	11.55
6	46	Nickarlo Brown	U20	M	Harrow	11.67
7	56	Alex Babb	Sen	M	VPTH	12.14
10		<b>4 100m LICC race 4</b>		1.5 M/S		
1	202	Tolani Alaba	U17	M	WGEL	11.10
2	198	Moyin Odeniran	U17	M	WGEL	11.29
3	195	Aiden Fernando	U17	M	WGEL	11.33
4	48	Carlos Sobers	Sen	M	VPTH	11.40
5	42	Tyriq Lafeuille	Sen	M	SBH	11.41
6	234	Rohean Bagai	U17	M	SBH	11.43
7	112	Harry Salt	Sen	M	Achilles	11.68
8	145	Jordan Ajayi-Khiran	U20	M	Luton AC	11.71

10		<b>5 100m LICC race 5</b>		1.1 M/S		
1	30	Bradley Reed	Sen	M	Chelmsford AC	11.63
2	224	Jordan Akinpelu	U20	M	Iford AC	11.74
3	214	Joshua Ogunfolado	U17	M	Chelmsford AC	11.74
4	203	Donte Nembhard	Sen	M	Achilles	12.02
5	40	Sam Brown	Sen	M	City of Norwich AC	12.12
6	275	Domburok Boache	U17	M	Harrow AC	12.36
10		<b>6 100m LICC race 6</b>		0.8 M/S		
1	220	David Henderson	Sen	M	VPTH	11.50
2	59	Daniel Ogunkoya	U17	M	Thurrock	11.64
3	239	Wanya Williams	U20	M	Iford	11.81
4	205	Usi Bennet-Tabi	U15	M	St Marys Atheltics Club	11.84
5	279	Clayton Jacinto	U15	M	TVH	11.87
6	149	Jack Wickham	Sen	M	Cambridge Uni	12.01
7	183	Hassan Kambala	U17	M	VPTH	12.05
10		<b>7 100m LICC race 7</b>		-0.1 M/S		
1	164	Bradley Ukpetenan	U15	M	SBH	11.91
2	222	Roshaun Edwards	U17	M	WGEL	12.11
3	231	Thanushan Yogaraj	U17	M	WGEL	12.27
4	217	David Olusanya	M45	M	Bedford County	12.36
5	182	Robert Delaney	U17	M	Barnet and District	12.65
6	34	Marli Jessop	U17	W	SBH	12.72
7	230	Esmeralda Mengeyele	Sen	W	Iford	12.72
10		<b>8 100m LICC race 8</b>		1.1 M/S		
1	290	Yoshifuru Oike	U15	M	SBH	12.61
2	176	Michelle Watson	V35	W	Herne Hill	12.77
3	45	Jazz Sears	U20	W	Unattached	12.91
4	186	Nick Lauder	V45	M	Vets AC	13.01
5	242	Jennifer Gaul	U17	W	Harrow	13.15
6	288	George Choat	Sen	M	Newham and Essex Beagles	13.39
7	111	Polly Maton	U23 T46	W	Team Devizes Moonrakers AC	13.43
10		<b>9 100m LICC race 9</b>		-1.3 M/S		
1	287	Dylan Styles	U17	M	WGEL	12.91
2	238	Mya Ashbourne	U17	W	Harrow	13.32
3	286	Medye Marn	Sen	W	Newham and Essex Beagles	13.35
4	276	Frank Johnson	Sen	M	SBH	13.42
5	124	Jemima Hay	U17	W	Wycombe Phoenix Harriers	13.45
6	237	Rhianna Egbo	U15	W	Harrow	13.46
7	166	Alina Cofie	U15	W	SBH	13.53
10		<b>10 100m LICC race 10</b>		-0.3 M/S		
1	228	Efe Austinz	U20	W	Iford	13.17
2	229	Larissa Anipa	U20	W	WGEL	13.34
3	184	Tamika Edwards	U13	W	VPTH	13.63
4	300	Elyse Duncan Brown	U15	W	SBH	14.54
5	240	Emma Powell	U15	W	Bexley AC	14.71
6	216	Miranda Dreisin	U15	W	Barnet and District	15.92
7	215	Rachel Dresin	U13	W	Barnet and District	17.34
8	187	Northey Bruce	V65	M	Unattached	17.55
11		<b>1 2000m steeplechase Women</b>				
1	366	Karina Thornton	Sen	W	LSE	08:15.97
2	189	Jessica Whiley	U20	W	Chelmsford AC	08:35.29
3	355	Maryna Voloshyna	Sen	W	Imperial	09:55.15

12 LUCA		<b>1 400m race 1</b>				
1	313	David Ryan	Sen	M	Brunel	49.69
2	328	Matt Billington	Sen	M	Brunel	50.64
3	400	Kareem Selman-Jackson	Sen	M	KCL	50.90
4	363	Evan de Schrijver	Sen	M	UofL	50.93
5	398	Daniel Woodburn	Sen	M	Motspur	52.45
12		<b>2 400m race 2</b>				
1	309	Alexander Nicholson	Sen	M	RHUL	56.51
2	350	Mihail Vanea	Sen	M	Imperial	63.45
12		<b>3 400m race 3</b>				
1	323	Lucy Townson	Sen	W	Brunel	63.13
2	386	Georgia Kirby	Sen	W	UCL	65.81
3	384	Jasmine Balloch	Sen	W	UCL	68.73
12 LICC		<b>4 400m race 4</b>				
1	60	Jamal Rhoden-Stevens	Sen	M	SBH	46.79
2	62	Toby Harries	U23	M	Brighton Phoenix	48.02
3	2	Nicholas Atwell	Sen	M	TVH	49.39
4	227	Cameron Bain	U23	M	Achilles	49.69
5	233	Matt Newton	Sen	M	Oxford University	50.15
6	3	Peter Phillips	Sen	M	Highgate	50.23
7	283	Luigu Palmieri	U20	M	Ipswich Harriers	51.04
12		<b>5 400m race 5</b>				
1	67	Shaka Palmer	Sen	M	Enfield & Haringey	49.98
2	226	Hugh Baker	Sen	M	Achilles	51.17
3	32	William Brown	U20	M	Jersey Spartans	51.26
4	293	Sam Nelson	U20	M	Radley AC	51.66
5	225	Bonnor Sullivan	Sen	M	Achilles	52.27
6	295	Adrian Richards	Sen	M	WGEL	52.47
7	70	Mohamed Ismail Mohamed	Sen	M	SBH	52.49
8	56	Alex Babb	Sen	M	VPTH	54.21
12		<b>6 400m race 6</b>				
1	151	Joseph Wells	Sen	M	Chelmsford AC	52.17
2	235	Odera Umeugoji	U20	M	SBH	52.36
3	58	Thomas Semaan	Sen	M	Newham and Essex Beagles	52.95
4	27	Darcy Sullivan	U17	M	Chelmsford AC	53.04
5	285	Thomas Renshaw	Sen	M	Achilles	54.75
6	180	Sak Hassan	U20	M	VPTH	55.02
7	71	Sian Harry	Sen	W	Belgrave	56.53
12		<b>7 400m race 7</b>				
1	181	Luke Williams	Sen	M	Ashford AC	56.32
2	72	Conor O'keeffe	U17	M	SBH	56.37
3	274	Natassaja Allin	Sen	W	Enfield & Haringey	57.22
4	207	Taiwo Eyioquawi	U20	W	Bexley AC	59.21
5	292	Roy Nelson	V55	M	Radley AC	59.23
6	64	Miachel Sulu	V40	M	Newham and Essex Beagles	60.48
7	299	Jad El-Houssami	Sen	M	Newham and Essex Beagles	61.47
8	162	Jennifer Wing	Sen	M	London Heathside	64.19



13	LUCA							
		<b>1 200 race 1</b>		0.8 M/S				
1	311	Dan Trueman	Sen	M	Brunel			22.43
2	405	Pierre Walker	Sen	M	KCL			22.83
3	419	Moses Aregbesola	Sen	M	Brunel			23.15
4	409	Nicholas Constantinou	Sen	M	KCL			23.56
5	397	Michael McCagh	Sen	M	Motspur			23.63
6	398	Daniel Woodburn	Sen	M	Motspur			23.80
7	404	Ravi Kishore Kanna	Sen	M	KCL			24.51
13		<b>2 200 race 2</b>		2.3 M/S				
1	370	Hamish Mundell	Sen	M	LSE			23.15
2	403	Oskar Persson	Sen	M	KCL			23.20
3	347	William Fisher	Sen	M	Imperial			24.48
4	315	Emmanuel Alagbala	Sen	M	Brunel			24.57
13		<b>3 200m race 3</b>		2.3 M/S				
1	383	Hongyi Yang	Sen	M	UCL			23.89
2	407	Camille Aragon	Sen	M	KCL			23.98
3	380	Saleh Soomro	Sen	M	UCL			24.22
4	309	Alexander Nicholson	Sen	M	RHUL			25.46
5	409	Nicholas Constantinou	Sen	M	KCL			29.23
6	307	Adam Owen	Sen	M	RHUL			33.66
13		<b>4 200m race 4</b>		1.2 M/S				
1	325	Darcey Kuypers	Sen	W	Brunel			24.80
2	319	Remi Jessop	U20	W	Brunel			26.33
3	341	Eloise Lewis	U20	W	SMU			26.40
4	415	Marie Tarawallie	Sen	W	KCL			27.06
5	399	Amy Mat	Sen	W	KCL			27.20
6	387	Juliette Champaud	Sen	W	UCL			28.02
7	333	Becky Owen	Sen	W	SMU			29.17
13		<b>5 200m race 5</b>		0.8 M/S				
1	360	Erica Ezeogu	Sen	W	Goldsmiths			27.71
2	416	Sarah Buckley	Sen	W	London City AC			28.17
3	391	Emma Froome	Sen	W	UCL			28.71
4	411	Anouchka Gallant	Sen	W	KCL			29.03
5	355	Maryna Voloshyna	Sen	W	Imperial			33.84
13	LICC	<b>6 200m race 6</b>		2.0 M/S				
1	76	Mario Dobrescu	U17	M	Ilford AC			21.73
2	66	Omar Grant	Sen	M	Harrow			21.77
3	1	Kaesi Opara	Sen	M	Achilles			21.94
4	50	Columba Blango	Sen	M	VPTH			22.08
5	43	Joshua Kumar	U20	M	SBH			22.49
13		<b>7 200m race 7</b>		2.1 M/S				
1	202	Tolani Alaba	U17	M	WGEL			22.17
2	35	Decarie Davies	U20	M	VPTH			22.41
3	220	David Hendason	Sen	M	VPTH			22.87
4	110	Daniel Gregory	Sen	M	Achilles			23.02
13		<b>8 200m race 8</b>		1.4 M/S				
1	277	Maltietie Fousseini	U20	M	Enfield & Haringey			22.39
2	37	Nicholas Shaw	U17	M	SBH			22.56
3	48	Carlos Sobers	Sen	M	VPTH			22.75
4	61	Laurence Owen	Sen	M	TVH			22.85
5	42	Tyriq Lafeuille	Sen	M	SBH			23.02
6	223	Ezekiel Afolabi	U20	M	Ilford AC			23.16
7	169	Michael Louise	Sen	M	WSEH			23.39

13		<b>9 200m race 9</b>		2.7 M/S		
1	233	Matt Newton	Sen	M	Oxford University	22.05
2	195	Aiden Fernando	U17	M	WGEL	22.52
3	278	Reece Earle	U15	M	TVH	22.90
4	226	Hugh Baker	Sen	M	Achilles	23.25
5	224	Jordan Akinpelu	U20	M	Iford AC	23.44
6	40	Sam Brown	Sen	M	City of Norwich AC	24.50
13		<b>10 200m race 10</b>		1.6 M/S		
1	39	Ceake Maddix	U20	M	SBH	23.29
2	234	Rohean Bagai	U17	M	SBH	23.83
3	149	Jack Wickham	Sen	M	Cambridge Uni	23.94
4	239	Wanya Williams	U20	M	Iford	24.24
5	47	Nia Wedderburn-Goodison	U15	W	Harrow	24.49
6	44	Hannah Foster	U20	W	SBH	24.52
7	51	Lauren Russell	Sen	W	Bedford County	25.62
13		<b>11 200m race 11</b>		3.1 M/S		
1	164	Bradley Ukpetenan	U15	M	SBH	23.98
2	279	Clayton Jacinto	U15	M	TVH	24.09
3	217	David Olusanya	M45	M	Bedford County	24.54
4	231	Thanushan Yogaraj	U17	M	WGEL	24.72
5	73	Ethelbert Metzger	Sen	M	Kent AC	24.92
6	65	Hayley McLean	Sen	W	SBH	25.31
7	273	Mya Green	U17	W	Harrow	25.74
13		<b>12 200m race 12</b>		2.0 M/S		
1	207	Taiwo Eyioquawi	U20	W	Bexley AC	25.48
2	241	Rayne Tapper	U15	W	Harrow	25.73
3	57	Krystle Balogun	Sen	W	Iford AC	26.25
4	236	Chinwe Iwunze	U20	W	SBH	26.33
5	186	Nick Lauder	V45	M	Vets AC	26.49
6	176	Michelle Watson	V35	W	Herne Hill	26.70
7	288	George Choat	Sen	M	Newham and Essex Beagles	27.21
13		<b>13 200m race 13</b>		2.7 M/S		
1	78	Thomas Lemon	U17	M	Harrow AC	25.59
2	286	Medye Marn	Sen	W	Newham and Essex Beagles	26.65
3	228	Efe Austinz	U20	W	Iford	27.11
4	276	Frank Johnson	Sen	M	SBH	27.15
5	4001	Nneka Okoh	U15	W	Chelmsford AC	27.76
6	74	Alishia Abodunde	Sen	W	London Heathside	28.01
7	221	Emma Imamovic	U17	W	SBH	28.34
13		<b>14 200m race 14</b>		3.4 M/S		
1	75	Callum Sydenham	U15	M	Barnet and District	26.83
2	237	Rhianna Egbo	U15	W	Harrow	27.56
3	4007	Malika Hislop-Ellis	U17	W	SBH	28.54
4	68	Victoria Godfrey	U17	W	SBH	28.92
5	69	Helena Agholor	U17	W	SBH	29.62
6	185	Noah Clarke	U15	M	Barnet and District	29.83
7	240	Emma Powell	U15	W	Bexley AC	30.61
13		<b>15 200m race 15</b>		3.0 M/S		
1	184	Tamika Edwards	U13	W	VPTH	27.77
2	77	Peter Lemon	Vets	M	Harrow AC	29.39
3	4006	Robert Wooliams	V60	M	Ipswich Harriers	29.67
4	79	Katie Lemon	U15	W	Harrow AC	30.12
5	177	Alex Matzer	V45	M	Serpentine	30.36
6	298	Charlotte Harris	U15	W	Barnet and District	30.51

14		<b>1 3000m Steeplechase Men</b>				
1	335	Abdulqani Sharif	Sen	M	SMU	09:22.92
2	377	Alexandre Bonnet Badille	Sen	M	UCL	10:30.14
3	364	Amrik Gill	Sen	M	LSE	11:26.61
4	389	Charles Stevenson	Sen	M	UCL	11:54.01
15		<b>1 1500m</b>				Hand timed
1	336	Euan Campbell	Sen	M	SMU	04:05.0
2	349	James Millett	Sen	M	Imperial	04:06.9
3	351	Daniel Garcia Rasines	Sen	M	Imperial	04:24.0
4	393	Nicholas Hinchley	Sen	M	UCL	04:39.7
5	373	Hugo McCullagh	Sen	M	UCL	05:36.1
6	345	Jack Mitchell	Sen	M	Imperial	05:42.8
7	329	Daniel Cork	Sen	M	RVC	06:00.8
8	331	Tomer Tsur	Sen	M	RVC	06:00.9
9	339	Emmanuel Owolabi	Sen	M	SMU	06:16.9
15		<b>2 1500m</b>				
1	84	Jude Miranda	U17	M	SBH	04:22.73
2	285	Thomas Renshaw	Sen	M	Achilles	04:26.27
3	87	Dylan Michel	U17	M	SBH	04:51.96
4	85	Joanne Miranda	U17	W	SBH	04:52.40
5	88	Ginte Bailey	Sen	W	Havering AC	04:59.21
6	75	Callum Sydenham	U15	M	Barnet and District	05:02.08
7	376	Nicole Edmunds	Sen	W	UCL	05:12.63
8	191	Abullah Hannan	U20	M	Unattached	05:18.03
9	82	Billy Fudge	U13	M	Unattached	05:23.47
10	81	Emma Mccluskey	U15	W	Barnet and District	05:25.31
11	366	Karina Thornton	Sen	W	LSE	05:26.07
12	86	Nadia Potter	U17	W	SBH	05:43.47
13	83	Asha Horbacki	U15	W	SBH	05:47.26
14	294	Kayla Saunders	U13	W	Harrow AC	05:53.74
15	80	Emma Lord	U15	W	Barnet and District	06:04.20
16	410	Emily Baker	Sen	W	KCL	06:14.88
16		<b>1 4x100m Relay Men</b>				
1	501	KCL Men				45.02
2	502	UCL Men				DNF
16		<b>2 4x100m Relay Women</b>				
1	511	KCL Women				55.12
2	512	UCL Women				55.95
17		<b>2 4x400m Relay Combined</b>				
1	523	UCL Men				03:47.61
2	524	KCL Men				03:52.95
3	521	UCL Women				04:51.52
4	522	KCL Women				04:57.35

LUCA		Long Jump	Pool 1			WIND	
1	348	Idan Gal-Shohet	U20	M	Imperial	6.50	2.4
2	379	Christian Pugsley	Sen	M	UCL	5.96	3.2
3	373	Hugo McCullagh	Sen	M	UCL	3.79	1.1
1	321	Simone Ager	Sen	W	Brunel	5.52	2.3
2	322	Charlotte Skeggs	Sen	W	Brunel	5.17	3.0
LICC							
1	118	Kenan Stephens	U17	M	SBH	6.54	3.0
2	126	Sam Scheer	U20	M	SBH	6.03	1.6
3	120	Ben Bellisario	U20	M	SBH	5.97	2.2
4	116	Ebenezer Joseph	Sen	M	TVH	5.91	2.1
5	137	Samuel Oshodi	U17	M	WGEL	5.85	2.6
6	110	Daniel Gregory	Sen	M	Achilles	5.64	2.4
1	124	Jemima Hay	U17	W	Wycombe Phoenix Harriers	5.37	2.0
2	105	Jade Harding	Sen	W	Chelmsford AC	4.87	1.0
3	111	Polly Maton	U23 T46	W	Team Devizes Moonrakers AC	4.80	2.3
LUCA		Long Jump	Pool 2				
1	339	Emmanuel Owolabi	Sen	M	SMU	6.29	1.4
2	421	Lawrence Tse	Sen	M	Imperial	3.86	1.2
LICC							
1	182	Robert Delaney	U17	M	Barnet and District	4.91	1.6
		Long Jump	Pool 3				
1	142	Maisie Fulker	U15	W	Chelmsford AC	4.54	2.0
2	4007	Malika Hislop-Ellis	U17	W	SBH	4.50	2.1
3	4001	Nneka Okoh	U15	W	Chelmsford AC	4.42	1.1
4	166	Alina Cofie	U15	W	SBH	4.14	2.1
5	221	Emma Imamovic	U17	W	SBH	4.01	1.0
6	240	Emma Powell	U15	W	Bexley AC	3.84	1.1
7	121	Alima Diabate	Sen	W	Highgate	3.54	2.0
8	294	Kayla Saunders	U13	W	Harrow AC	3.36	1.0
9	298	Charlotte Harris	U15	W	Barnet and District	3.03	1.0
LUCA		Triple Jump	Pool 1				
1	327	Gam Dumbutshena	Sen	M	Brunel	12.75	0.9
2	394	Joshua Hia	Sen	M	UCL	12.08	1.6
3	331	Tomer Tsur	Sen	M	RVC	8.81	2.3
1	320	Janet Browne	Sen	W	Brunel	11.33	2.3
2	321	Simone Ager	Sen	W	Brunel	10.64	1.5
3	358	Bethany Nasrallah	Sen	W	Reading U	9.62	2.0
LICC							
1	4011	Jude Bright Davies	Sen	M	Achilles	15.15	2.8
2	4009	Joel Bright Davies	Sen	M	TVH	13.24	1.3
3	139	Douglas Buisson	Sen	M	Achilles	11.21	1.7
4	75	Callum Sydenham	U15	M	Barnet and District	9.60	2.0
1	63	Angela Barrett	Sen	W	TVH	13.09	1.7
2	281	Eavion Richardson	Sen	W	SBH	12.79	1.9
3	170	Madeleine Smith	Sen	W	Achilles	11.67	2.3
4	240	Emma Powell	U15	W	Bexley AC	8.18	2.6

LUCA		<b>High Jump</b>				
1	329	Daniel Cork	Sen	M	RVC	1.70
2=	339	Emmanuel Owolabi	Sen	M	SMU	1.65
2=	345	Jack Mitchell	Sen	M	Imperial	1.65
4	393	Nicholas Hinchley	Sen	M	UCL	1.40
1	320	Janet Browne	Sen	W	Brunel	1.60
2	361	Sheriffah Arewa	Sen	W	Goldsmiths	1.60
3=	333	Becky Owen	Sen	W	SMU	1.45
3=	360	Erica Ezeogu	Sen	W	Goldsmiths	1.45
5	388	Lok Man Lui	Sen	W	UCL	1.40
6	387	Juliette Champaud	Sen	W	UCL	1.40
7	355	Maryna Voloshyna	Sen	W	Imperial	1.30
LICC						
1	282	Thung You Xuan	Sen	M	Achilles	1.80
2	297	Kimani Jack	U17	M	SBH	1.75
3	223	Ezekiel Afolabi	U20	M	Ilford AC	1.65
4	163	Greg Zoppos	U17	M	TVH	1.60
1	284	Kacey Walters	U15	W	Cambridge Harriers	1.65
2	161	Lea Wenger	Sen	W	Achilles	1.55
3	296	Martina Dvorakova	Sen	W	SBH	1.35
4=	157	Jennifer Sheasby	Sen	W	Achilles	1.20
4=	142	Maisie Fulker	U15	W	Chelmsford AC	1.20
		<b>Pole Vault</b>				
1	150	James Allway	Sen	M	Chelmsford AC	3.80
2=	155	Bilen Ahmet	Sen	M	Achilles	3.65
2=	181	Luke Williams	Sen	M	Ashford AC	3.65
4	204	Stanislav Vilga	V35	M	TVH	3.65
5	139	Douglas Buisson	Sen	M	Achilles	3.35
6	152	Glen Morris	U15	M	Enfield & Haringey	3.20
1	143	Ciara Martin	U17	W	Enfield & Haringey	2.55
2	157	Jennifer Sheasby	Sen	W	Achilles	2.25
LUCA		<b>Javelin</b>		Pool 1		
1	373	Hugo McCullagh	Sen	M	UCL	20.30
2	395	Ahmed Fouad	Sen	M	UCL	14.86
1	322	Charlotte Skeggs	Sen	W	Brunel	29.74
2	301	Carey Hollick	V45	W	UEL	15.72
3	401	Miriam Bouhafs	Sen	W	KCL	12.42
4	384	Jasmine Balloch	Sen	W	UCL	8.54
LICC						
1	177	Alex Matzer	V45	M	Serpentine	15.50
1	163	Greg Zoppos	U17	M	TVH	34.46
1	4002	Cristina Potter	U20	W	SBH	29.72
2	157	Jennifer Sheasby	Sen	W	Achilles	11.64
1	132	Maegan Hopkins	U15	W	Chelmsford AC	24.71
2	218	Millie Webster	U15	W	WGEL	19.60
2	190	Sasha Whiley	U17	W	Chelmsford AC	18.52

		<b>Javelin</b>	Pool 2			
1	232	Arran Davis	Sen	M	Oxford University	49.50
1	4010	Milan Trajhovic	U17	M	SBH	49.59
2	4012	Benjamin Hocking	U17	M	SBH	47.12
1	4003	Matthew Page	U15	M	Havering AC	28.59
1	4008	Demi Bromfield	Sen	W	Newham and Essex Beagles	44.59
2	4004	Leanne Davies	Sen	W	Aldershot Farnaham and District	37.23
1	4005	Katie Ennis	U15	W	Havering AC	20.81
		<b>Shot</b>	Pool 1			
1	329	Daniel Cork	Sen	M	RVC	14.92
2	304	Nile Cook	Sen	M	Kingston U	10.57
3	334	Nathan Standing	Sen	M	SMU	8.43
4	395	Ahmed Fouad	Sen	M	UCL	7.27
5	402	Matthew Knowles	Sen	M	KCL	6.63
1	333	Becky Owen	Sen	W	SMU	9.98
2	326	Leanne Davies	Sen	W	Brunel	9.28
3	301	Carey Hollick	V45	W	UEL	6.99
4	401	Miriam Bouhafis	Sen	W	KCL	6.62
		<b>LICC</b>				
1	172	Geoff Grinsted	V50	M	Luton AC	10.43 6kg
1	29	Jess Hopkins	U20	W	Chelmsford AC	12.51
2	133	Zack Grinsted	U15	M	Luton AC	12.28
3	134	Amy Holder	Sen	W	WSEH	11.35
4	131	Nene Harrison	V35	W	SBH	10.20
5	174	Sarah Ridley	Sen	W	SBH	9.58
1	132	Maegan Hopkins	U15	W	Chelmsford AC	10.11
		<b>Shot</b>	Pool 2			
1	339	Emmanuel Owolabi	Sen	M	SMU	7.14
2	345	Jack Mitchell	Sen	M	Imperial	6.89
3	393	Nicholas Hinchley	Sen	M	UCL	5.82
4	371	John Conrad	Sen	M	LSE	4.79
1	391	Emma Froome	Sen	W	UCL	9.02
2	359	Celine Taubman	Sen	W	Reading U	6.93
3	387	Juliette Champaud	Sen	W	UCL	6.02
4	355	Maryna Voloshyna	Sen	W	Imperial	5.74
		<b>LICC</b>				
1	140	Ryan McGillivary	Sen	M	Harrow	9.83
2	128	Joel Hawes	Sen	M	London Heathside	8.02
3	177	Alex Matzer	V45	M	Serpentine	6.55
1	166	Alina Cofie	U15	W	SBH	7.33
2	142	Maisie Fulker	U15	W	Chelmsford AC	6.84
3	135	Hannah Parsons	U15	W	Barnet and District	4.82

LUCA		<b>Hammer</b>				
1	301	Carey Hollick	V45	W	UEL	12.42
2	355	Maryna Voloshyna	Sen	W	Imperial	7.49
LICC						
1	106	Jack Paget	Sen	M	Achilles	54.13
2	104	Yasha Bobash	Sen	M	Chelmsford AC	44.86
2	128	Joel Hawes	Sen	M	London Heathside	29.10
1	102	Megan Larkins	U23	W	Colchester Harriers	52.41
2	125	Emma Beardmore	Sen	W	Harrow	45.29
3	127	Emmaline Okafor	U23	W	Achilles	32.68
1	123	Owen Merrett	U17	M	Yate and District	50.46
2	129	Kai Wright	U17	M	WGEL	39.89
1	122	Simbiyat Sikiru	U17	W	WGEL	48.39
2	103	Josephine Larkins	U17	W	Colchester Harriers	38.04
3	135	Hannah Parsons	U15	W	Barnet and District	14.60
LUCA		<b>Discus</b>				
		Pool 1				
1	312	Daniel Ryan	Sen	M	Brunel	40.15
2	304	Nile Cook	Sen	M	Kingston U	36.41
3	318	Harry Hillman	Sen	M	Brunel	32.39
4	329	Daniel Cork	Sen	M	RVC	30.17
5	402	Matthew Knowles	Sen	M	KCL	19.10
6	379	Christian Pugsley	Sen	M	UCL	18.00
7	395	Ahmed Fouad	Sen	M	UCL	16.80
1	420	Amy Holder	Sen	W	Brunel	49.93
2	326	Leanne Davies	Sen	W	Brunel	23.58
3	301	Carey Hollick	V45	W	UEL	20.86
4	401	Miriam Bouhafs	Sen	W	KCL	17.11
5	355	Maryna Voloshyna	Sen	W	Imperial	15.45
6	384	Jasmine Balloch	Sen	W	UCL	9.05
LICC						
1	141	Ella Chantree	U17	W	Chelmsford AC	26.01
2	132	Maegan Hopkins	U15	W	Chelmsford AC	20.07
LICC		<b>Discus</b>				
		Pool 2				
1	209	Christopher Linque	Sen	M	WGEL	48.04
2	138	Nile Cook	Sen	M	Sutton and District	37.13
1	148	Cameron Campbell	U20	M	SBH	37.95
1	134	Amy Holder	Sen	W	WSEH	51.93
2	211	Taira Tunstall	U20	W	Watford Harriers	42.61
3	130	Tait Jones	U20	W	SBH	37.79
4	127	Emmaline Okafor	U23	W	Achilles	25.79
LICC		<b>Discus</b>				
		Pool 3				
1	128	Joel Hawes	Sen	M	London Heathside	29.42
1	172	Geoff Grinsted	V50	M	Luton AC	28.23 1.5kg
1	133	Zack Grinsted	U15	M	Luton AC	31.91
2	4003	Matthew Page	U15	M	Havering AC	16.81
1	174	Sarah Ridley	Sen	W	SBH	30.50
2	4005	Katie Ennis	U15	W	Havering AC	22.60
3	135	Hannah Parsons	U15	W	Barnet and District	13.59