

LONDON INTER CLUB CHALLENGE

ALLIANZ PARK - Saturday 27 July 2019

1 5000m walk						
1	291	George	Wilkinson	U20M	Enfield & Harringay	23:58.82
2	270	Maddy	Shott	SW	Belgrave	24:04.93
3	286	Stephano	Zennaro	M45	Belgrave	26:57.88
4	296	Vincenzo	Panico	M65	BSC France	27:02.03
5	288	Francisco	Reid	M55	Surrey Walking Club	28:01.04
6	281	Jacqueline	Benson	U20W	Ashford	28:01.46
7	289	Millie	Morris	U17W	Ashford	28:14.04
8	279	Emma	Dyos	W40	Ilford	28:35.67
9	295	Melanie	Peddle	W50	Loughton	29:00.36
10	292	Silvana	Alves	W45	Barnet & District	29:11.11
11	282	Grace	Whittingham	U17W	Ashford	29:32.90
12	294	Steven	Uttley	M60	Ilford	29:33.62
13	278	Graham	Chapman	M65	Headington Roadrunners	29:57.75
14	283	Steve	Allen	M60	Barnet & District	30:51.22
15	272	Helen	Middleton	W55	Enfield & Harringay	31:04.26
16	297	Simon	Morgan	M50	Ilford	31:57.12
17	285	Maureen	Noel	W55	Belgrave	32:15.31
18	274	Noel	Blatchford	W70	Abingdon Athletics	32:34.60
19	280	Susan	Barnett	W65	Enfield	33:19.72
20	287	David	Kates	M70	Ilford	33:36.75
21	284	John	Borgars	M70	Loughton	33:47.94
22	290	Alicia	Drenda	W35	Belgrave Harriers	34:02.21
23	275	Malcolm	Blackwood	M65	Trent Park Running Club	34:18.23
24	271	Stephen	Cartwright	M60	Colchester & Tendring AC	34:30.39
25	277	David	Hoben	M65	SWC	35:43.39
26	276	Arthur	Thomson	M80	Enfield & Harringay	38:33.72
1 3000m walk						
1	273	Jonathan	Ellerton	U15B	Blackheath & Bromley	20:27.8
1 5000m						
1	243	Oliver	Greenstein	SM	SBH	17:06.10
2	231	James	Connell	M45	London Heathside	18:50.92
1 400m Hurdles race 1						
1	219	Thomas	Powell	SM	Bedford & County	60.88
1	216	Peter	Benedickter	M50	Bedford & County	61.00
1	235	Cosby	Katrina	SW	Cambridge Harriers	61.78
1 2000m Steeplechase (91.4cm)						
1	211	Tony	Killilea	M55	London Heathside	07:51.88

5		1 800m race 1				
1	221	Rory	Muir	SM	SBH	01:55.74
2	252	Jaiden	Gaston	U17M	VPTH	01:55.76
3	233	Louis	Hazel	SM	SBH	01:58.59
4	234	DAvid	Brown	M40	Nene Valley Harrier	02:02.08
5	25	Ted	Ntibazonkiza	SM	SBH	02:04.20
6	224	Robert	Datnow	M45	TVH	02:09.35
7	425	Finn	Combe	U15B	ESM	02:13.11
8	247	Max	Bishop	U15B	Thames Valley Harriers	02:16.53
5		2 800m race 2				
1	261	Mohamed	Ellin	U20M	S-Factor Academy	02:12.76
2	253	Yasmin	Goater	SW	Highgate	02:15.66
3	244	Helena	Corbin	SW	Herne Hill Harriers	02:17.27
4	262	Sonny	Breeze	U15B	S-Factor Academy	02:21.16
5	232	Katie	Margarson	SW	Cambridge & Coleridge	02:28.43
6	417	Alex	Malzer	M45	Serpentine	02:33.05
7	203	Noah	Clarke	U15B	Barnet & District	02:34.22
8	421	Finley	Hart	U13B	Harrow	02:40.14
5		3 800m race 3				
1	413	Kenechukwu	Harris-Eze	U13B	Barnet & District	02:35.83
2	248	Skye	Bishop	U13G	Thames Valley Harriers	02:38.59
3	418	Grace	Malcom	U17W	Harlow Athletic	02:41.56
4	77	Annanelle	Suffield	U13G	Harrow	02:42.56
5	260	Oliver	Flemming	U13B	Barnet & District	02:42.64
6	263	Abi	Jeffery	U13G	SBH	02:50.37
5		4 800m race 4				
1	255	Christopher	Reid	SM	Newham & Essex Beagles	02:35.08
2	88	Sarah	Rourke	U17W	SBH	02:39.83
3	428	Luisa	Rojas	U17W	SBH	02:41.77
4	430	Zac	Pasqualin	U13B	Northampton	02:44.26
5	415	Eden	Cohen-Grazin	U13B	SBH	02:49.07
6	249	Sophie	Leslie	U15G	Bedford & County	02:51.54
7	215	Charlotte	Parsons	U13G	Barnet & District	02:58.61

6		1 100m Womens A		3.0	M/S		
1	16	Cleo	Stephenson		SW	Thames Valley Harriers	11.91
2	23	Akaysha	Ellis		U20W	Enfield & Haringey	11.92
3	22	Leanza	Dwaah		SW	Enfield & Haringey	11.94
4	62	Marilyn	Nwawulor-Kazemaks		SW	Harrow	12.12
5	82	Esther	Fuja		SW	HHH	12.43
6	64	Bethany	Shaw		U20W	St Albans	12.53
6		2 100m race 2		2.2	M/S		
1	17	Keano-Elliott	Paris-Samuel		SM	Thames Valley Harriers	10.71
2	21	Jordan	Watson-Brown		SM	SBH	10.72
3	81	Gideon	Okoh		SM	Nene Valley Harriers	11.03
4	18	Karl	Williams		SM	Swansea	11.10
5	61	Bami	Falana		SM	SBH	11.30
6	19	Tobi	Esan		SM	VPTH	11.46
6		3 100m race 3		1.9	M/S		
1	78	Carlos	Sobers		SM	VPTH	11.52
2	80	Tyriq	Lafeuille		U20M	SBH	11.59
3	73	Usir	Bennett-Tabi		U15B	SMRAC	11.67
4	257	Kaspars	Kazemaks		SM	Woking	11.72
5	223	Hassan	Kambala		U17M	VPTH	12.00
6	228	Oliver	Early		U17M	Chelmsford	12.46
7	63	Bradley	Ukpetenan		U15B	SBH	18.43
6		4 100m race 4		2.2	M/S		
1	75	Yoshifuru	Oike		U15B	SBH	12.25
2	239	Pat	Logan		M55	Kingston	12.52
3	298	Robert	Delaney		U17M	Barnet & District	12.58
4	251	Ebuka	Nwokeji		U13B	SBH	12.85
5	79	Frankie	Johnson		U15B	SBH	12.97
6	422	Jude	Kanor		SM	SBH	13.16
7	218	Zari	Annafi		U17W	Bedford & County	13.21
6		5 100m race 5		2.4	M/S		
1	83	Samuel	Ojo		U15B	SBH	12.93
2	424	Glen	Reddington		M55	WSEH	13.06
3	71	Tamika	Edwards		U15G	VPTH	13.41
4	69	Turkiya	Morris		U15G	VPTH	13.46
5	246	Uchenna	De Silva		U15G	Luton	13.68
6	24	Obinna	Nwokeji		U13B	SBH	13.70
7	431	Joseph	Wheeler-Henry		U13B	SBH	13.83
8	74	Bobbi	Harrison		U17W	SBH	13.90
6		6 100m race 6		2.5	M/S		
1	258	Chanel	Lovelock		U15G	Windsor Slough Eton & Hounslow	13.53
2	201	Azaria	Nwankwo		U15G	SBH	13.93
3	68	Ade	Ayibowu Alufemi		U15G	VPTH	14.03
4	269	Jada	Willock		U13G	VPTH	14.09
5	70	Tatiana	Edwards		U11G	VPTH	14.58
6	254	Alan	Perry		M65	Harrow	14.99
7	265	Elisha	Wenham		U13G	VPTH	15.26
6		7 100m race 7		1.7	M/S		
1	268	Lewis	Mutanda		U11B	VPTH	14.50
2	414	Josie	Booker		U15G	ESM	14.90
3	240	Joan	Trimble		W60	Kingston	15.36
4	420	Ione	Lon		U11G	VPTH	15.84
5	241	Rosalind	Zeffertt		W55	SBH	15.89
6	66	Kaira	Shakes		U11G	VPTH	15.90
7	266	Jaden	Wenham		U11B	VPTH	16.32
8	67	Maryam	Sufian		U11G	VPTH	16.93

7		1 300m					
1	89	Daniel	Harding-Forbes	U15B	Bedford & County		38.69
2	437	Nneka	Okoh	U15G	Chelmsford		42.81
3	435	Nicole	McGovern	U15G	Hillingdon		43.24
4	225	Eve	Dathow	U15G	Thames Valley Harriers		45.23
5	201	Azaria	Nwankwo	U15G	SBH		45.72
6	97	Sukriti	Bisht	U15G	Harrow		48.00
7	207	Karen	Apolot	U15G	SBH		49.32
8	419	Erin	Rees	U15G	WSEH		49.56
8		1 400m race 1					
1	95	Damaine	Benjamin	SM	Harrow		48.60
2	450	Omari	Markland-Montgomery	SM	Cambridge Harriers		49.54
3	438	Andrew	Smitherman	SM	Harrow		49.86
4	98	Tom	Rottier	SM	Loughborough		50.20
5	93	Kema	Egbunike	SM	Harrow		50.22
6	86	Paul	Scanlan	SM	WGEL		50.64
7	65	Matt	Newton	SM	Achilles		50.70
8	94	Jordan	Layne	SM	Blackheath&Bromley		51.82
8		2 400m race 2					
1	446	Emmanuel	Agyare	U20M	Enfield & Haringey		49.93
2	91	Ben	Lloyd	U20M	SBH		51.01
3	100	Scott	Stoll	SM	TVH		51.20
4	443	Isaac	Ogulade	SM	HHH		51.52
5	229	Darcy	Sullivan	U17M	Chelmsford		52.25
6	85	Mohamed	Mohamed	SM	SBH		52.93
7	436	Alex	Babb	SM	VPTH		53.65
8		3 400m race 3					
1	219	Thomas	Powell	SM	Bedford & County		55.44
2	444	Nick	Andrews	M45	Harrow		56.25
3	238	Jack	Raine	U17M	Dacorum & Tring		56.32
4	449	Conor	O'Keefe	U17M	SBH		56.56
5	96	Alexander	Pama	U15B	Unattached		56.74
6	216	Peter	Benedickter	M50	Bedford & County		57.98
7	90	Alice	Hunter	SW	VPTH		59.90
8	440	Jad	El-Houssmai	SM	NEB		61.73
8		4 400m race 4					
1	447	Jason	Kabel	M45	Harrow		62.35
2	253	Yasmin	Goater	SW	Highgate		63.42
3	439	Amy	Rutherford	W35	Highgate		64.79
4	87	Rebecca	Wilby	SW	WGEL		65.84
5	255	Christopher	Reid	SM	Newham & Essex Beagles		69.39
6	237	Peter	Stansbury	M50	Dacorum & Tring		69.64
7	426	Sharon	Dooley	W45	St Mary's Richmond		70.29
9		1 80m Hurdles		0.3 M/S			
1	92	Onyekachukwu	Okoh	U15B	Chelmsford		12.70
		75m Hurdles		0.3 M/S			
1	429	Xcena	Pasqualin	U15G	Northampton		12.89
2	414	Josie	Booker	U15G	ESM		13.62
3	419	Erin	Rees	U15G	WSEH		13.96
		70m Hurdles		0.3 M/S			
1	210	Kayla	Saunders	U13G	Harrow		16.52
9		2 100m Hurdles		2.6 M/S			
1	235	Cosby	Katrina	SW	Cambridge Harriers		15.07
2	452	Nene	Harrison	SW	SBH		17.10
1	424	Glen	Reddington	M55	WSEH		15.93

10		1 200m women		2.6 M/S		
1	16	Cleo	Stephenson	SW	Thames Valley Harriers	24.58
2	22	Leanza	Dwaah	SW	Enfield & Haringey	24.60
3	62	Marilyn	Nwawulor-Kazemaks	SW	Harrow	24.91
4	64	Bethany	Shaw	U20W	St Albans	25.95
5	90	Alice	Hunter	SW	VPTH	26.63
10		2 200m race 2		1.3 M/S		
1	448	Jamal	Rhoden-Stevens	SM	SBH	21.42
2	21	Jordan	Watson-Brown	SM	SBH	21.46
3	17	Keano-Elliott	Paris-Samuel	SM	Thames Valley Harriers	21.55
4	99	Columba	Blango	SM	VPTH	22.49
5	65	Matt	Newton	SM	Achilles	22.50
6	26	Decarie	Davies	U20M	SBH	22.64
10		3 200m race 3		1.0 M/S		
1	438	Andrew	Smitherman	SM	Harrow	22.57
2	229	Darcy	Sullivan	U17M	Chelmsford	22.77
3	18	Karl	Williams	SM	Swansea	22.93
4	78	Carlos	Sobers	SM	VPTH	23.30
5	451	Odera	Urmeugoji	U20M	SBH	23.38
6	436	Alex	Babb	SM	VPTH	23.97
10		4 200m race 4		1.8 M/S		
1	19	Tobi	Esan	SM	VPTH	23.34
2	257	Kaspars	Kazemaks	SM	Woking	23.51
3	445	Adrian	Richards	SM	WGEL	23.74
4	238	Jack	Raine	U17M	Dacorum & Tring	25.05
5	75	Yoshifuru	Oike	U15B	SBH	25.19
6	444	Nick	Andrews	M45	Harrow	26.16
7	63	Bradley	Ukpetenan	U15B	SBH	27.83
10		5 200m race 5		2.7 M/S		
1	83	Samuel	Ojo	U15B	SBH	26.09
2	422	Jude	Kanor	SM	SBH	26.30
3	236	Marcus	Stansbury	U17M	Dacorum & Tring	26.68
4	458	George	Choat	SM	Newham & Essex Beagles	26.98
5	79	Frankie	Johnson	U15B	SBH	27.17
6	267	Faiselat	Akanji	U15G	VPTH	27.18
10		6 200m race 6		2.3 M/S		
1	239	Pat	Logan	M55	Kingston	26.51
2	424	Glen	Reddington	M55	WSEH	27.21
3	218	Zari	Annafi	U17W	Bedford & County	28.25
4	258	Chanel	Lovelock	U15G	Windsor Slough Eton & Hounslow	28.57
5	434	Lea	Wenger	SW	Achilles	29.05
6	264	Alexa	Eichelmann	SW	SBH	29.15
10		7 200m race 7		2.1 M/S		
1	437	Nneka	Okoh	U15G	Chelmsford	27.25
2	463	Amara	Odeogbarin	U13G	London Heathside	30.40
3	415	Eden	Cohen-Grazin	U13B	SBH	30.61
4	457	Lucy	Marcus	U15G	SBH	32.08
5	240	Joan	Trimble	W60	Kingston	32.47
6	455	David	Newman	M60	Garden City Runners	35.30
11		1 110m hurdles		2.2 M/S		
1	470	Ethelbert	Metzger	SM	Kent	17.20
1	465	Gary	Smith	M45	Luton	16.43
12		1 1500m				
1	466	Daviel Garcia	Rasines	SM	Thames Valley Harriers	04:16.40
2	474	Jamie	Bailey	U17M	Dacorum and Tring	04:19.58
3	473	Robert	Vallance	SM	Thames Valley Harriers	04:28.18
4	220	Samuel	Dawes	U17M	Bedford & County	04:52.51
5	459	David	Baah-Okyere	U13B	Unattached	05:00.71
6	475	Marella	Whitfield	SW	Harrow	05:05.50
7	471	Alicia	Athersmith	U17W	Bedford & County	05:12.27
8	464	Madeleine	Casey	U17W	Thames Valley Harriers	05:15.38
9	472	Luke	Baughan-Withington	U11B	Barnet & District	05:20.21
10	467	Posie	Shaw	U11G	SBH	05:29.65
11	468	Nadia	Potter	U17W	SBH	05:33.97
12	210	Kayla	Saunders	U13G	Harrow	05:59.53
13	469	Emma	Lord	U15G	Barnet & District	06:10.56

		Long jump	Pool 1			Wind	
1	202	Samuel	Nash	M45	TVH	5.64	0.2
2	210	Kayla	Saunders	U13G	Harrow	3.80	1.1
		Long jump	Pool 2				
1	228	Oliver	Early	U17M	Chelmsford	6.09	-0.7
2	298	Robert	Delaney	U17M	Barnet & District	5.46	0.8
3	251	Ebuka	Nwokeji	U13B	SBH	5.04	0.9
4	245	Teele	Palumaa	SW	Achilles	4.78	0.8
5	236	Marcus	Stansbury	U17M	Dacorum & Tring	4.71	1.0
6	258	Chanel	Lovelock	U15G	Windsor Slough Eton & Hounslow	4.68	1.5
7	264	Alexa	Eichelmann	SW	SBH	4.52	0.4
8	79	Frankie	Johnson	U15B	SBH	4.45	1.7
9	218	Zari	Annafi	U17W	Bedford & County	4.07	9.3
10	242	Alana	Thomas	U13G	Harrow	4.07	0.8
11	217	Isobel	Jakes	U15G	Bedford & County	4.02	0.7
12	24	Obinna	Nwokeji	U13B	SBH	3.94	0.7
13	419	Erin	Rees	U15G	WSEH	3.87	0.1
14	207	Karen	Apolot	U15G	SBH	3.79	0.7
		Triple Jump					
1	84	Belinda	Sergent	U23W	Bedford & County	11.38	1.7
2	79	Frankie	Johnson	U15B	SBH	10.15	0.2
3	241	Rosalind	Zeffertt	W55	SBH	7.86	1.1
		High Jump					
1	92	Onyekachukwu	Okoh	U15B	Chelmsford	1.66	
2	434	Lea	Wenger	SW	Achilles	1.55	
3	432	Rebecca	Wheeler-Henry	U15G	SBH	1.50	
4	441	Peggy-Anne	Boachie	U15G	Harrow	1.40	
5	442	Julie-Anne	Boachie	U15G	Harrow	1.35	
6	431	Joseph	Wheeler-Henry	U13B	SBH	1.20	
7	77	Annanelle	Suffield	U13G	Harrow	1.00	
		Pole Vault					
1	396	Ian	Parkinson	M40	Wycombe Phoenix	4.00	
2	342	Bilen	Ahmet	SM	Achilles	3.80	
3	397	Stanislav	Vilga	SM	Thames Valley Harriers	3.70	
4	399	Sarah	Semeraro	W35	Enfield & Haringey	3.60	
5	400	Connor	Flynn	U15B	U/A	3.10	
6	302	Imogen	Walker	U20W	Herts Phoenix	2.80	
7	373	Sarka	Hawtin	W40	D&T	2.70	
8=	338	Jen	Sheasby	SW	Achilles	2.60	
8=	256	Sam	Spencer	U13B	U/A	2.60	
10	310	Natali	Aleksandrowicz	U15G	Enfield & Haringey	2.60	
11	394	Louis	Willson	U15B	Newham & Essex Beagles	2.50	
12	250	Gabriella	Lycourgou	U15G	Enfield & Haringey	2.30	
13	241	Rosalind	Zeffertt	W55	SBH	2.00	
14	395	Isabel	Moriarty	U13G	Enfield & Haringey	1.80	
15	398	Lucas	Persand	U15B	Enfield & Haringey	1.80	
		Hammer					
1	222	Izaiah	Turner	SM	London Heathside	31.50	
2	214	Joel	Hawes	SM	London Heathside	30.15	
1	213	Robert	Mack	M50	Barnet & District	23.50	
1	208	Owen	Merrett	U17M	Yate AC	51.26	
1	206	Luke	Finch	U15B	WGEL	33.68	
1	205	Beth	Matthews	U17W	Andover	43.98	
2	204	Olivia	Simon	U15G	Colchester Harriers	38.28	
3	209	Harriet	Mollinson	U17W	SBH	23.95	
4	212	Hannah	Parsons	U15G	Barnet & District	21.60	
5	217	Isobel	Jakes	U15G	Bedford & County	16.79	

Discus						
1	259	Greg	Thompson	SM	SBH	56.91
2	226	Nathan	Thomas	SM	SBH	41.30
3	230	Anthony	Soalla-Bell	M40	SBH	32.90
4	214	Joel	Hawes	SM	London Heathside	30.16
5	222	Izaiah	Turner	SM	London Heathside	28.45
1	72	Cameron	Campbell	U20M	SBH	45.60
2	76	Reuben	Vaughan	U20M	Croydon Harriers	44.90
1	433	Abi	Ekoku	M50	Belgrave Harriers	46.45
2	208	Owen	Merrett	U17M	Yate AC	33.44
3	423	Steven	Mayfield	M50	SNH	24.84
4	237	Peter	Stansbury	M50	Dacorum & Tring	16.95
5	238	Jack	Raine	U17M	Dacorum & Tring	15.57
6	236	Marcus	Stansbury	U17M	Dacorum & Tring	15.24
1	427	Charlie Oliver	Evans	U15B	Banbury	26.80
1	227	Jade	Harding	SW	Chelmsford	29.11
2	205	Beth	Matthews	U17W	Andover	26.72
3	416	Emily	Ross	U17W	Watford	26.44
4	300	Katie	Brennan	U17W	Harlow Athletics	18.19
5	429	Xcena	Pasqualin	U15G	Northampton	17.58
6	212	Hannah	Parsons	U15G	Barnet & District	15.62
1	299	Sophie	Brennan	U13G	Harlow Athletics	19.56
Javelin						
1	222	Izaiah	Turner	SM	London Heathside	34.87
2	444	Nick	Andrews	M45	Harrow	30.80
1	462	Milan	Trajhovic	U17M	SBH	49.33
2	220	Samuel	Dawes	U17M	Bedford & County	27.25
1	427	Charlie Oliver	Evans	U15B	Banbury	43.80
2	454	Anthony	Papier	U15B	Harrow	39.98
1	431	Joseph	Wheeler-Henry	U13B	SBH	22.56
1	245	Teele	Palumaa	SW	Achilles	32.56
2	453	Rhiannon	Needham	W35	Serpentine	9.54
1	217	Isobel	Jakes	U15G	Bedford & County	19.61
2	414	Josie	Booker	U15G	ESM	16.38
3	258	Chanel	Lovelock	U15G	Windsor Slough Eton & Hounslow	15.61
4	419	Erin	Rees	U15G	WSEH	15.19
5	97	Sukriti	Bisht	U15G	Harrow	6.81
1	299	Sophie	Brennan	U13G	Harlow Athletics	17.74
2	242	Alana	Thomas	U13G	Harrow	13.98
3	215	Charlotte	Parsons	U13G	Barnet & District	13.07
4	77	Annanelle	Suffield	U13G	Harrow	7.43
Shot						
1	461	Nsa	Harrison	M35	SBH	11.45
2	222	Izaiah	Turner	SM	London Heathside	10.64
1	433	Abi	Ekoku	M50	Belgrave Harriers	14.66
2	76	Reuben	Vaughan	U20M	Croydon Harriers	12.41
3	72	Cameron	Campbell	U20M	SBH	10.28
1	460	Chris	Dyrmishi	U17M	Northampton	15.62
2	208	Owen	Merrett	U17M	Yate AC	10.32
1	96	Alexander	Pama	U15B	Unattached	11.03
1	264	Alexa	Eichelmann	SW	SBH	10.35
2	452	Nene	Harrison	SW	SBH	10.07
3	245	Teele	Palumaa	SW	Achilles	9.74
1	456	Kenyeh	Soyei	U17W	Bedford & County	12.04
1	212	Hannah	Parsons	U15G	Barnet & District	5.77
2	97	Sukriti	Bisht	U15G	Harrow	5.04
1	242	Alana	Thomas	U13G	Harrow	5.90
2	210	Kayla	Saunders	U13G	Harrow	4.20
3	77	Annanelle	Suffield	U13G	Harrow	3.81